## Best Practice Measures to Protect Public and Athlete Health at the Tokyo Olympics: Summary Table

<table>
<thead>
<tr>
<th>Principle</th>
<th>Best Practice Example(s)</th>
</tr>
</thead>
</table>
| Put public health first | • Establish Covid-19 advisory committees that include player associations, sport Governing Bodies (SGBs) and a range of experts - GAA/GPA  
• Have a ‘plan-B’ and measures that can be quickly adapted to respond to the changing public health situation - AFL/AFLPA  
• Dedicated pre-event risk assessments with player associations and medical professionals to ensure protocols sufficiently rigorous – Women’s cycling/TCA |
| Protect athletes from risks of harm | • No waivers for players – MLB/MLBPA  
• Full and comprehensive insurance for the entire period of training and competition, including for Covid-19 – NHL/NHLPA |
| Clearly defined responsibilities | • Safe international travel including rigorous pre-departure testing; exclusive use of private transport; mandatory quarantine upon arrival at hotel facilities whilst maintaining access to training and gym facilities – international cricket/FICA  
• Enhanced co-ordination and protections around fixturing and player load, including use of additional substitutions, mandatory rest periods and load management protocols – European football/FIFPRO |
| Effective testing, tracing and isolation | • Daily RT-PCR testing, sometimes more - NBA / NBPA  
• Provide wearable tech for tracking supported by dedicated SWAT teams for tracing - NFL / NFLPA  
• Designated hotel isolation facilities with a proper level of care and comfort - various sports |
| Proper treatment and care | • Develop tailored treatment and rehabilitation programs for positive Covid-19 cases – various sports  
• Mandatory cardiac screening pre being certified fit for RTP – various sports  
• Access to on the ground mental health support, network of counselling services and ongoing outreach with player development and wellbeing professionals – NZ Rugby / NZRPA |
| Easy access to effective PPE | • Arrange for the acquisition and distribution of medical grade face masks – WNBA / WNBPA |
| Athlete education | • With player associations, develop easy to understand interactive materials, Q&A sessions and reiterate key messages throughout training and competition environments – NFL / NFLPA |
| Safe and secure life at the Games | • Provide individual rooms, dedicated dining areas, modify means of travel and assess, communicate and enforce social distancing and capacity limits for all indoor environments – NBA/NBPA  
• Proper ventilation - review and modify heating, ventilation, air conditioning systems to improve air circulation and outdoor airflow to all indoor spaces – NHL / NHTPA |